Sports Trips

HEATHBROOK PRIMARY SCHOOL

Our rationale

We believe that sports trips

- Increase participation in sport
- Raise the level of pupils' health and fitness
- Encourage sportsmanship and teamwork
- Boost self-esteem and confidence
- Support learning about competition
- Develop social and communication skills
- Foster a sense of belonging.

In addition we believe that each child should be given the opportunity to participate in inter-school competitions, tournaments and other sporting events.

How we do this

We are dedicated to keeping a record that ensures each child is given opportunities during their time in Key Stage 1 and 2.

As part of the selection criteria, pupils will need to demonstrate their commitment by:

- Showing an interest in the sport for which the school is participating in whether it be through PE lessons, Afterschool Clubs or within the local community
- Attending trials or skills sessions, which will be held prior to the tournament which will enable children to showcase themselves
- Following our *Be the Best you can Be!* six R's (Readiness, Resourcefulness, Resilience, Responsibility, Reflectiveness, Respect) in order to best represent the school.

Physical & Emotional Health Domain
November 2015